Swimming New Zealand
Annual Report 2003







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Photo: New Zealand performers of 2002/03 Elizabeth van Welie, Duncan Laing and Danyon Loader, Dean Kent, and Toni Jeffs.



Swimming New Zealand

Council

President	Warwyck Dewe
Vice-President	John West
Council	Jill Clarke
	Bert Cotterill
	Murray Coulter
	Micheal Dodds
	Jon Elliott
	Jack Graham
	Warwick Jackson
	Karen Venables
Chair SwimSport Committee	Bert Cotterill
SwimSport Committee	Murray Coulter
	Jon Elliott
	Warwick Jackson
	Frank Tourelle – SCAT Representative
	John West – Technical Representative
Technical Panel	John West – Chair
	Ross Bragg
	Jo Davidson
	Chris Groothoff
	Bill Matson
	Lyn Sutherland
Selectors	Norma Williams (Convenor)
	Merle Jonson
	Clive Rushton

Staff

Catriona McBean
Clive Rushton
Mark Saunders
Matthew Claridge
Daniel Gerrard, until November 2002
Angela Nilsson-Findlay, until January 2003
Philippa Nobbs
Roger Scott
Ann Tuwairua
Karen Woolley
Simon O'Brien



Life Members

Doug Cain OBE Merv Campbell MNZ Jim Cole Jack Donaldson Morris Duckmanton MBE Merle Jonson Colin Kennedy Duncan Laing OBE Danyon Loader ONZM Ian Russell MBE Ron Shakespeare JP Artie Shaw JP MNZM Noel Smith Roly Webb JP Norma Williams MBE

2002 Awards

Awards Committee		lan McPhee - Chi John Mace Noel Smith Enid Wordsworth Isla Whitley Ross Bragg	
Life Membership		Merle Jonson	Waikato/Wellington
New Zealand Servic	e Awards	Honours to N	lew Zealand Service Award
Bill Caradus	Otago	Judy Leat	Waikato
Phyll Esplin	Otago	Graham Price	Dunedin
Ruth van Welie	Otago		
Norman Jeffs	Swimming BOP		
Clive Power	Swimming BOP		
Annette Reece	Swimming BOP		
Cherie Scott	Swimming BOP		
Eric Peterson	Nelson Malborough		
Margaret Peterson	Nelson Malborough		
Liz Agnew	Waikato		
Shona Hutt	Waikato		
Shirley Murray	Waikato		
Jan Bickley	Canterbury/West Coast		

Jackie Clarke Award

Canterbury/West Coast

Jack Graham

Not presented in 2002



Danyon Loader - Swimmer Honouree

In May 2003 Danyon Loader was inducted as the Swimmer Honouree into the International Swimming Hall of Fame, Fort Lauderdale Florida, USA.

At the 1996 Atlanta Olympic Games, Danyon Loader's first-place finish in both the 400m and 200m freestyles distinguished him as his country's first Olympic gold medallist in swimming since New Zealander Malcolm Champion swam on a combined Australasian Team in the 4 x 200m freestyle relay at the 1912 Olympic Games in Stockholm, Sweden. Loader was his country's first swimmer to break world records (short course) in two different strokes, butterfly and freestyle. He won gold medals in Commonwealth Games and Pan-Pacific Championships and won silver and bronze medals at World Championships. Unwantingly, he became a New Zealand hero and his country's most successful international swimmer ever.

As a child, Danyon loved being in the water. He would voluntarily take up to 4 baths a day. His dad, Peter, taught him to swim at the Forbury Indoor Swimming Pool in South Dunedin. At 10 he joined the Zenith Amateur Swimming Club in Dunedin, but spent all of his time trying to get out of training, playing video games and hanging out. "I can remember that before mum came to pick me up I'd wet my hair and togs and towel so that she thought I had been training," he would say.

Then, in 1988, at say 12, he joined coach Duncan Laing's squad and his swimming career never looked back. Duncan became his mentor. He guided Danyon through a career in which Loader became the fastest swimmer in the world in his events. By age 13 he had won medals in the New Zealand National Age Group Championships and he soon began winning events on the national level. At the young age of 14, he represented New Zealand at the 1990 Auckland Commonwealth Games. Only 2 $\frac{1}{2}$ years later, as still a young 17-year-old, at the 1992 Barcelona Olympics, he surprised the world when he won the silver medal behind USA's Melvin Stewart in the 200m butterfly. His international dominance was breaking though, and his humble fashion he was swimming because he enjoyed it and not because he was addicted to the thrill of being number one. The world was now watching this up-and-coming athlete from New Zealand.

Improvement and success were in play each year. In 1993, he set the 200m butterfly short course world record three times in eight days during the European World Cup Tour. The next year, at the 1994 Commonwealth Games in Victoria, he won gold in the 200m butterfly, silver in the 400m freestyle and both freestyle relays and bronze in the 200m freestyle behind the established Kieren Perkins of Australia. He medaled in the same events at the Rome World Championships later that year.

In 1995, Loader won 8 gold medals on the World Cup circuit in Europe, breaking the 400m freestyle short course world record in the process. But this was, only the prelude to the next year's 1996 Atlanta Olympic performance where he won gold medals in both the 200m and 400m freestyles, an Olympic feat accomplished only once before by Evengi Sadovy of the Russian Unified Team in 1992. <complex-block>

Loader did all his training with Duncan Laing at their hometown Moana Pool and later while attending Otago University. Danyon was very low key and never pursued the limelight. According to Coach Laing, "He is a normal Kiwi lad at heart. He just does and gets results. He's just one of those guys who goes into action and swims to win. Beneath the laid-back exterior is a steely determination, an absolute commitment to fulfill his potential. He does not speak of it, he just does its." Australian coach Don Talbot called him "The Quiet Assassin."

All totaled, he set 4 world records – 3 in the 200m butterfly, short course, and 1 in the 400m freestyle, short course. The 400m freestyle record held for 3 $\frac{1}{2}$ years until broken by Australian Ian Thorpe.

After Altanta, Danyon continued swimming for another 2 ½ years. He attended 2 semesters at the University of California Berkeley (1997). Without a whole lot of specific training, he competed at the 1998 Kuala Lumpur Commonwealth Games, winning a bronze medal as a member of the 4 x 200m freestyle relay. By the time he retired, he had set a record 58 New Zealand national record. But he preferred to go about his business with a minimum of fuss, Danyon Loader the person, not Danyon Loader the great swimmer. He practices Tai Chi for relaxation and is an accomplished SCUBA diver. Three months before the 1998 Commonwealth Games, he joined the New Zealand Army Territorial Force for service experience and to maintain his level of fitness. He has received the prestigious Londsale Cup by the New Zealand Olympic Committee (1992) and was twice named Sportsman of the Year (1992 and 1997) at the Halberg Awards. In 2000, he was named New Zealand Sportsperson of the Decade (1990s).

Danyon Loader is both ordinary and extraordinary, a quiet achiever who is an inspiration to thousands of his compatriots. He has most definitely raised the level of sport in New Zealand and around the world.



President's Report

2003 and Beyond

We are at another significant turning point in the history of Swimming New Zealand (SNZ), and in the history of swimming in New Zealand. In 1999 when SNZ was established, it was to enable us, and the other aquatic disciplines to be more readily in control of our own development.

Much work has been undertaken to facilitate the refocus of our sport since late in the 1990's and develop swimming as an independent organisation capable of facing the ever-increasing demands of external agencies, for change. As part of that development has been the improved financial strength of SNZ. In 1999 a "special levy" was adopted to ensure SNZ maintained its solvency. I am pleased to advise we have, for the fourth successive year, reported a cash surplus. This reflects the Council's commitment to good financial oversight and the excellent financial management undertaken by Catriona McBean, our Executive Director, and her ability to engender the confidence of our partners and sponsors in SNZ, which in turn has seen a steady increased in external funding. Our increasing financial strength enables us to trial new programmes and initiatives.

Change and progress challenge us, cause discomfort, and take us to places we may never have thought possible. It may even erode the place where many of us "stand" in swimming – often this is uncomfortable and potentially threatening. I implore everyone to continue to be committed to progress and moving beyond 2003 in spite of how uncomfortable it may make some of us feel. This is for the future generations of swimmers as well as for our current members. Without change we will not progress our sport and the success we seek will not be realised.

While a long time coming, the SPARC supported strategic review has commenced. The first stage provided the Council an opportunity to consider many possibilities, opportunities, initiatives and strategies which may assist us in framing our future direction. As regional representatives, swimmers, parents, technical officials and supporters your opportunities to contribute will be available shortly through local workshops. You must to participate in this process.

Together, we must challenge our current thinking and look to the future, at least the next five years, putting in place a framework which more readily reflects the changes taking place in and around us in our communities.

Some areas of our sport we may need to re-evaluate are -

- The number of regions
- The number of clubs in some communities
- How we manage our clubs/regions
- Should we have a smaller Council, appointing some people with specific skills
- The types of programmes we offer at club, regional and national level are they still relevant
- Should we make our sport more media/spectator friendly
- Should we be establishing strategic alliances with local authorities and facility managers

Whatever the shape of the final review report, and the recommendations, it won't please everybody. Nevertheless, we do need to move forward if we are to make progress. What we have been doing hasn't been producing the required outcomes as readily as we want so we do need to continue to make changes, and perhaps more radical changes to "kick-start" the process.

The ongoing work by our Director of Coaching, Clive Rushton, is constantly providing such challenges for Council and our members. This is positive as it challenges us to "think outside the square" which we must do if we are to produce results both in New Zealand and overseas, a requirement for long term funding in our "partnership" with SPARC.



In a few weeks time Mark Saunders, National Education Manager, will be leading the inaugural SNZ Coaching School in Auckland. This initiative is about establishing a long-term education and training commitment to and from our coaches. This is not a quick fix solution, it is a long-term process, the outcomes of which we expect to see in our swimmers' performances in Beijing and beyond.

The position of SNZ, now and looking into the future, to the casual observer may seem similar to that in the past, but this is and will be far from reality. I believe we must continue to progress for our organisation to survive the next 100 years. Change for the sake of change or for specific short-term outcomes in one part of our business will only guarantee change, not necessarily progress.

My role in SNZ over the last four years, firstly as Vice-President and more latterly as President for the last three years, has been challenging and time consuming. I can say I have enjoyed the experience, the people I have met and the opportunity to represent you, the members, both nationally and internationally. Without doubt the highlight of the year just past was the privilege of attending and supporting Danyon Loader, the first New Zealand swimmer to be inducted into the International Swimming Hall of Fame. The magnitude of Danyon's achievements both internationally and nationally were put into perspective as both his and the other 2003 Honouree's citations were announced. The Roll of Honour of previous inductees read like a 'who's who' of aquatic sports – both competitors and administrators. Congratulations Danyon.

My thanks to the Councillors for their commitment to SNZ, seeking the best possible outcomes for our sport. We have not always agreed on every issue, but this ensured a very lively debate and helped develop respect for one another's points of view. I believe the decisions reached were more robust because of the debate.

My special thanks to the retiring Councillors – Jack Graham and Bert Cotterill. Jack has served SNZ and its predecessor since 1989. Bert Cotterill was elected to Council in 2001 and appointed Chair of Swim Sport in 2002. We will miss their contributions to the Council debates and their many and delightful anecdotes of 'days gone by in swimming'.

My thanks to -

- Mark Saunders the National Education Manager and the Lotto SwimSafe Managers, who make significant contributions to our financial success.
- Karen Woolley and Simon O'Brien at the SNZ national office who keep the paper flowing and the questions answered.
- Catriona McBean, Executive Director, for her commitment to excellence in our sport.
- Clive Rushton, Director of Coaching, for his tireless work, analysis and strategizing seeking to achieve better results for our sport.

Finally, we still have some way to go - through the review and beyond. Together we can make a difference, change for improvement, not change for change sake.

Warwyck Dewe President



Executive Director's Report

This year commenced with the Government's announcement of the establishment of SPARC, the new agency incorporating the activities of the Hillary Commission and the New Zealand Sports Foundation. SPARC identified ten sports, seven priority sports and three sports for revitalisation – swimming, cycling and athletics. In hindsight, SPARC recognised the term revitalisation was better termed core sports as the three identified are sports which all New Zealanders should possess some skills.

As part of the new SPARC strategy, we were advised SPARC would assist us with an organisational review. While the ground work for this review commenced in early 2003, the appointment of an external consultant and the undertaking of the work was not confirmed until mid 2003.

National funding of sport and recreation organisations was a key concern during this period. Decreasing profits of the New Zealand Lotteries Commission through games such as Lotto resulted in a decrease in funding for the New Zealand Lottery Grants Board. Fortunately political lobbying and initiatives undertaken by Water Safety New Zealand, on behalf of the "wet" safety sector, saw the Government underwrite the level of funding to ensure water safety initiatives were not totally decimated by the funding cuts. For us, it meant the replacement of the Lotto SwimSafe Development Manager, Lower North Island was deferred for the best part of the year.

Fortunately, the current education staff under the management of Mark Saunders – Ann Tuwairua, Daniel Gerrard and Pip Nobbs – undertook the challenges and ensured the education programmes continued to be delivered throughout the country. Mark's role as National Education Manager provides him with an opportunity to visit many regions and is a good conduit between SNZ and those in clubs and swim schools. Education initiatives undertaken in a number of regions this year utilised Mark's expertise and continued to cement the importance of continued education for all members.

In November, Daniel Gerrard resigned as Lotto SwimSafe Development Manager, Upper North to accept the position of General Manager Peter Snell Institute of Sport. Daniel's involvement in swimming continues as he now works with Clive Rushton, Director of Coaching, to assist with the high performance programme swimmers through financial support and assistance.

The development of the high performance programme continued during this period with a range of initiatives being presented by Clive Rushton to the coaches advisory group and to coaches in general through the NZSCAT annual seminar. Many of these initiatives have long-term objectives and are centred upon closing the gap on our position in relation to the international level. The Council has accepted many of these initiatives and is committed to assisting in achieving them.

The profile of our high performance swimmers was enhanced with their involvement and successes at the Manchester Commonwealth Games. Elizabeth van Welie's silver in the 400IM and finalling in the 200m butterfly on the last day of the Games was wonderful to witness, not only in terms of Liz's performance but also in terms of the entire Games team support and recognition of her stunning performance. Observing elite athletes from other sports celebrating New Zealand excellence in swimming is nothing less than humbling and indicative of the level of respect our swimmers are held in amongst their peers.

Toni Jeffs' bronze in the 50m freestyle consolidated Toni's place in New Zealand swimming. As one of the oldest competitors in the competition, Toni showed age was no barrier, and her continued performances have thrown down the gauntlet to the previously held prejudices on performances in our sport.



In December I had the opportunity to attend the FINA World Cup in Melbourne and not only witness the setting of a new World SC Record by Thomas Rupprath (GER), but also accept the invitation extended by Australian Swimming to attend their high performance camp after the competition. One observation I made was, regardless of their national and international standing, all of the Australian elite swimmers showed humility and grace in the camp, getting on with the tasks presented by the coaches and managers, and showing the younger Dolphins that regardless of perception they too were committed swimmers no different from the new members. The level of integration and acceptance of new squad members showed a level of maturity which in my opinion some of New Zealand swimming is yet to reach. Club and regional biases were put aside for the national interest and the development of a national culture and a national team.

While many coaches, parents and administrators refer to the "Australian way" as being better than our systems and procedures, there are merits in reviewing a range of competitors programmes to provide insights which can assist us in leap frogging the opposition. As part of this aim, Clive also had the opportunity to experience a number of US competitions which allowed him to identify ways and means of improvements we can implement into our competitions and programmes.

The opportunity for implementing many of these improvements commenced with the revision of the SNZ Regulations for national competitions. One other key aspect was the establishment of an Events Manager position which would work with the host regions to ensure consistency and continuity between national competitions, however the Council vetoed the appointment of this position in February as regional support was not evident. It is unfortunate this position was not appointed this year as the delay in implementing improvements and taking advantage of national alignments has now been deferred until the 2004 competition season.

Notwithstanding the delay in this initiative, two other key projects were completed this year which have set swimming apart nationally. The National Facility Strategy, published in May, was the culmination of 18 months work which resulted in SNZ establishing a national position for facility development. While not supported by all regions, the national position regarding the necessity for regional development of 50m Olympic facilities based upon the premise of national and international competition opportunities, was a long time coming. Initial work on a national strategy commenced in 1996 under the Federation and since that time the belief in the need for 50m facilities has continued to be promoted to local authorities and funding agencies. The Hon Trevor Mallard, Minister of Sport, has congratulated SNZ for the strategy and believes it is a position all other sports should follow.

Congruent to the development of the National Facility Strategy a National Competition Policy was also established. Most contentious was the compliance with FINA rules regarding facility requirements for national competitions – namely the minimum depth of pools. Currently many New Zealand facilities do not comply with the FINA rules and while this in itself is not problematic, risk management within our sport and health and safety legislation compliance is. After wide research, the Council has approved a case-by-case exemption for facilities to be venues for national competitions. It is believed this will ensure the best facilities are utilised to enable the best performances for our national swimmers.

Historically, our education staff have often been placed in a difficult position – in order to achieve the aims and objectives of our funders and partners, they are seen as promoting competition against our membership. This however is not so true today as I believe the understanding and support of our membership of our entire business from Lotto SwimSafe to Commonwealth Games competition is much greater. Without education we could not achieve our purpose to provide a range of opportunities from learn to swim to elite competition to allow New Zealanders to participate and excel in swimming.



The Lotto SwimSafe manual, initially launched in 1996, was reviewed, edited and published this year. This programme continues to be the recognised national learn to swim programme and is a fundamental base for all our teachers and coaches, and ultimately our swimmers. Since its launch, over 17,000 people have attended Lotto SwimSafe courses and the interest and enrolments continue to grow. In recognition of the importance of the programme many colleges of education and teacher training courses now include our programme in their annual course work.

A revision of the teaching and coaching training provided by SNZ was undertaken during the last year. A number of initiatives are near finalisation and will be available shortly – including the new SNZ Coaching School in September, and the Teaching Swimmers with a Disability course which has been developed in association with Paralympics NZ, Halberg Trust, CCS and Special Olympics.

The year ahead holds many challenges, the first of which is the strategic review supported by SPARC, Athens 2004, and the continued implementation of initiatives and programmes I look forward to these challenges ahead as the future of swimming continues to be bigger and brighter.

I would like to personally thank our partners and sponsors who continue to support us in our endeavours without whom our ability to deliver a range of services and programmes nationally would be significantly hampered.

Sponsors

- Air New Zealand
- MCQ Hotels
- New Zealand Lotteries Commission (Lotto)
- Orbit Travel
- Speedo

Partners

- New Zealand Lottery Grants Board
- New Zealand Olympic Committee
- SPARC
- Water Safety New Zealand

Catriona McBean Executive Director



SwimSport Committee Report

I would like to thank the members of the SwimSport Committee for their commitment and dedication to the betterment of our policies and systems. We were able to develop a team spirit and understanding of each other's beliefs and perceptions that enabled us to co-operate and work together.

The following areas of responsibility have been defined for the SwimSport Committee:

- National Meets
- Development
- National Facilities
- Technical
- Membership
- Athletes Representation

Although the High Performance Panel was not considered within its scope of the SwimSport Committee, the structure, responsibility and accountabilities for the Panel became a major concern to the committee. Concerns in these areas lead to the recommendations of a restructured High Performance Panel and to the creation of a review paper that recommends a further restructuring of Swimming NZ. These papers lay upon the table awaiting the out come of the SPARC review.

The SwimSport Committee met on nine occasions during the year, five of those being by telephone conference meetings. The timing of the four main physical meeting to be on the day before the SNZ Council meeting has little to recommend it and should be discontinued.

Summary of Reviews Considered by SwimSport:

National Meets:

- National Competition Policies
- Pool Surveys
- Venue Approvals
- Calendar Reviews
- Expansion of Meet Flyers
- Warm Up Responsibilities
- Over the Top Starts

Development:

- NZ SCAT were asked to prepare and present a programme for youth development
- Future roll of SwimSport and associated SNZ Council Committees.
- With the High Performance Panel reporting to the SNZ Council, thereupon NZSCAT needs to be represented on that Council.

National Facilities:

- Review of pool depths and associated risks.
- Competition venue analysis.



Technical:

- Defining the role of the Technical Committee
- Selection of Technical representative on SwimSport
- Appointment of the Technical Panel
- Ratification of nominations for International appointments
- Consideration of Meet Directors reports from National Championships.

Membership:

Although many of our reviews have an effect on membership there has been no specific study or evaluation on our membership structures.

Athletes Representative:

A structure to present the Athletes ideas and aspiration needs to be a future consideration if only for representation on the High Performance Panel.

The 2003/2004 year will see the consideration of the SPARC Review Report and the restructuring paper that lay upon the table. I believe that these events will put us on the road to a more vibrant and progressive unit.

I would like to thank the swimmers, their parents, their coaches, the Technical Officials and Administrators for their enthusiasm and dedication to a truly wonderful sport.

Bert Cotterill Chair



Director of Coaching's Report

The SNZ Squad Standards and Team Selection criteria for 2002 were published in December 2001 and included the formula for upgraded standards to be used in 2003. The 2002 and consequently the 2003 standards were higher than previous but the most significant changes were in the criteria controlling the "when and where" of eligible performances. These changes were viewed with trepidation by many coaches who nevertheless attacked the standards vigorously in training design, resulting in over 30 qualifiers at 2002 NAGs alone. This number expanded to 50 at the 2002 Opens, including some additional Age-Group swimmers, and to 60 at the 2002 Winter Championships.

The most significant performance results during the year were indicated, however, by the increase in performances qualifying for the higher Squad levels. At the conclusion of Opens one swimmer had qualified for the highest Squad, World Class, whereas by the conclusion of Winter's this number had reached nine, six of whom had achieved individual times, the remaining three qualifying as relay swimmers.

The importance of this level of performance cannot be underestimated as an indicator of future possibilities. The World Class squad qualifying standard is world 5th place ranking - a medal-challenging position - plus 2%. The two medallists at the 2002 Commonwealth Games improved 1.7% and 1.8% in the 13 weeks from Opens to Games and, while this improvement rate was not achieved by all the Commonwealth Games team, a very fair target from now until the Olympic Games in Athens would be to see each swimmer of World Class ability move themselves into a medal-challenging position.

Relay membership continued as a high priority leading into the World Championships in Barcelona with the possibility of Olympic qualification through FINA's revised qualifying criteria. A request by the High Performance Coaches' Advisory Group (HPCAG) for relay initiatives specifically targeted at the Women's Freestyle relays resulted in a December camp in Dunedin attended by six swimmers selected on their 200m performances. The takeup of invitations was disappointing and counter-productive to the development of the event but the camp was judged overwhelmingly successful by the swimmers and staff present. Hindering relay development hinders national team development. To quote from an article by Chloe Saltau during the 2000 Olympics:

"Each country has emphasised the importance of the relays this week, for they are the only swimming races that truly race team against team, country against country." www.olympics.smh.com.au/swimming/2000/09/23/FFX1001CGDC.html

The selection of this event proved accurate as the 4 x 200m was the only relay to qualify for the World Championships. There continues to be a distinct lack of understanding among the NZ swimming fraternity of the value of relay performances and their impact on both the national and local programmes. Relay success is a recognised indicator of the strength of a nation's national programme, also offering local programmes an opportunity not otherwise possible of placing swimmers on Olympic and World Championships teams and reaping the developmental reward.

A review of National Squad, World and Olympic qualification criteria took place following the Commonwealth Games and Pan-Pacific Championships and plans were made through to Barcelona 2003 and Athens 2004 including a site visit to Athens following the Barcelona World Championships and an orientation competition in Athens immediately following the team selection deadline at the 2004 Opens.



Junior Development Programme

During the past 18 months attempts have been made to bring the many disparate parts of the competitive structure together into one seamless whole. The standards and criteria of the Junior Development programme (JDP) were changed to fit snugly with SNZ Squads and underpin the Distance programme by moving to multi-stroke, aerobic based criteria. While these changes will not impact international results for many years they provide a distinct message and pathway to coaches and swimmers regarding the necessary foundations of future high performance. The JDP currently sits outside of SNZ and its co-ordination and expansion have suffered from lack of resource support especially in the provision of camps. Valuable lessons and skills can be learned through a vibrant JDP laying the foundation for effective behaviours later in swimmers' careers. There are many gaps in the competitive skill set of New Zealand's top swimmers and programmes like the JDP must be embraced and resourced so future generations are not lacking.

Coach Education

A flat-line effect occurs in the competitive performance of NZ boys at 15-16 and girls 13-14 producing stagnation in the performance levels of the National Age Groups (NAGs) medallists for up to five years. This unacceptable situation leads to de-motivation, disillusionment and drop-out, clearly detrimental to our sport. The cause lies in one or all of the following:

- Training before puberty being too intense or demanding, producing biological and physiological changes which
 preclude continued improvement after puberty.
- Training after puberty which is a) too soft and undemanding or b) unsophisticated enough to produce significant muscular adaptation.

These issues of coaching effectiveness were illustrated in presentations to both the SwimSport Committee and the 2002 NZSCAT Seminar and supporting scientific evidence was accrued during the 2003 Opens which clearly point to coach education as the remedy. This essential component was addressed in two ways:

- A revision and restructure of the SNZ Coach Certification system which was introduced at the 2003 NZSCAT Seminar.
- A restructure of the traditional three-hour Elite Coaches' Workshop during the annual NZSCAT Seminar, expanded to a full day for on-going professional development, upskilling and mentoring.

Elite Coaches' Workshop, Christchurch

This was attended by 25 coaches and was extremely productive and was unanimously requested to be repeated and consideration given to expanding from the 24 hour format (mid-day to mid-day, previous years 3 hours) to a full two or three days. Presentations were given by Andy Adair (SPTSL), Jan Cameron (NSSAK), Gary Martin (ENTHP), Dave Pease (Otago University), and Kim Swanwick (AUT) as well as the SNZ Director of Coaching. Main topics included:

- NZ Team culture
- NZ Competitive calendar
- Swimmer and coach prize money
- Training testing training implications
- Competition testing training implications
- Outline of the new SPARC/NZAS Service agreement



It was agreed that:

NZ Team Culture

The currently distributed details regarding team roles and responsibilities would benefit from expansion, particularly the role and expectations of the swimmer and the "home' coach. The "culture" of NZ international teams has been seen as a problem in recent years but positive comments were received during the 2002 Commonwealth Games camp and coaches Gary Martin and Clive Power introduced positive initiatives preceding and during the 2003 Australian Age Group tour. The development of acceptable team culture has to start at the club level but an SNZ "culture bible" which can be used as a template by clubs needs to be developed as a matter of urgency.

NZ Competitive Calendar

The traditional competitive preparation of NZ high performance swimmers is compromised because of the domestic calendar which is designed solely around the requirements of age group swimmers and regions. A major restructure has been required for a number of years which suits high performance swimmers without compromising any developing ones. The revised model must enable the best swimmers to a) prepare better for major meet qualifying and b) go forward from season to season in a more orderly, structured and systematic manner.

The High Performance Coaches Advisory Group (HPCAG) have reviewed three papers dealing with a) Winter Championships, b) NAG's and Opens, and c) three-macro training years with innovative, team competitions in the July period and compulsory competition black-out periods. Wellington Region has already adopted some of the principles and the South Island coaches are well advanced in other groundbreaking initiatives.

The competitive calendar required a thorough review at the Elite Coaches Workshop and the NZSCAT Seminar with no coach arguing for the status quo. Following further extensive discussion with coaches providing swimmers to the national teams the SwimSport Committee approved a radical restructure which will go a long way towards supporting effective coaching. A future consideration for the SwimSport Committee should be an annual calendar meeting between SNZ, regions and major clubs so that all levels are complementary and coordinated.

Swimmer and Coach Prize Money

The paper relating to this item was unanimously and enthusiastically taken up by the coaches and strong representations made to enable operation of the scheme this year.

New Zealand Academy of Sport Services

The Sports Science and Medicine services from the New Zealand Academy of Sport (NZAS) have previously been under-utilised because of coaches' lack of understanding of scientific principles and because of the sometimes convoluted, bureaucratic systems and regulations in place. A pilot system was developed between SNZ and SPARC which turns the control of services over to SNZ, enables "bulk service" contracts to be negotiated with key providers and allows coaches and swimmers to freely select from a menu of appropriate services to suit their plan rather than be constrained by 'corporate' agreements regarding frequency or service content designed on a non sport-specific basis.

This pilot system prioritises higher performing swimmers more than previously and enables centres of potential international success such as the Millennium Institute to maximise the services offered to groups of high performance swimmers. Programmes with isolated individual swimmers benefit from increased flexibility in service content and delivery.



Carding

The NZAS Service review necessarily involved a review of carding levels. This review was agreed with the HPCAG and took into account a reduction in numbers from 50 to 40 and the possibility of swimmers showing a consistent improvement rate in excess of the norm over a number of years being wild carded. Two swimmers were wild carded in 2002 and both made Commonwealth Games selection and set NZ Open records at the Games. The wild card criteria for 2003 onwards includes specific provision for improving University age swimmers.

International Competition

SNZ has introduced some sophisticated support especially in sport science provision but no matter what breakthrough science we use or how revised the NZAS agreement becomes international success relies on the fundamentals being in place. Many of these are sadly lacking in even the biggest and most successful programmes. One fundamental is regular and frequent access to world class, international competition. One or two visits to the east coast of Australia do not constitute an effective high performance plan although they do form part of the early development pathway. The January performances in Europe from the North Shore group and consistently high standard shown on the Harlequins North America tour illustrate the benefits of repeated high performance demands. Significant international exposure is expensive and unfortunately SNZ currently does not have funds to meet the increasing demand.

Ideally each of the World Class squad swimmers should be able to access at least \$50,000 of competition funding on an annual basis. This would help us move towards, but not meet, the support given by other countries.

Funding

A new system of funding was used to support Squad swimmers attending the Melbourne World Cup in December 2002 on a graded basis (more support to higher standard swimmers) and was positively received. Swimmers and coaches understood the principle of the faster you swim the more support you get and SNZ should continue to pursue this and other performance-based incentives in the future.

Following negotiations between the Director of Coaching and the Peter Snell Institute of Sport General Manager, the Institute agreed to award scholarships to age group swimmers "punching above their weight" and qualifying for 2003 Squads "one year up" with additional support to the coach. Unfortunately this programme has taken a long time to implement but it is seen as a significant addition for all aspiring swimmers.

Constraints on the System

Short-term constraints revolve round funding and staffing, medium term around domestic calendar and competition design, and long term around coach education and career pathways.

Funding and staffing

As previously mentioned performance breakthroughs and initiatives will continue to be hampered by budget constraints. The nations to whom we are traditionally compared have high performance budgets up to 1666% greater than ours and up to 34 full time staff dedicated to their national teams. New Zealand can never match these resources but we must significantly increase our available funds and staffing allocation if we are to seriously attack world and Olympic medals. Individual scholarships, such as Liz Van Welie's Olympic Solidarity award help a single swimmer but we need to find equivalent funds for all our high performance swimmers.

To this end sponsorship should be viewed as icing rather than the expected cake; resources need to be mined from within the sport and their use levered to maximum effect.



Coach Education and Career Pathways

Coaches desire support, recognition and reward. Support is derived from mentoring and education services. Casual mentoring has always been a mainstay of coach development and will continue to be so. NZAS are currently concluding a pilot carded coach programme for which SNZ nominated three coaches. This will develop into formal mentoring as an important component of the on-going development between SNZ and SPARC/NZAS.

Recognition is currently restricted to annual awards made by NZSCAT. A future consideration for SNZ during the development of the NZ Swimming Hall of Fame is a dedicated section for successful high performance coaches.

The review of the Coach Certification programme will provide much greater depth of coach knowledge and more examination of practical skills. The outcome will undoubtedly be more effective coaches. Their career pathways, however, will only become clearer and more enticing if the monetary rewards are seen to be comparable with other professions and with coaches in other countries. Prize money and performance bonuses must be initiated for both swimmers and coaches.

NZ Opens

The 2003 Opens saw seven swimmers achieve the individual World Championships qualifying standards and four of the seven also qualified for the Women's 4 x 200 Freestyle Relay.

Alison Fitch	NSSAK	200 FR
		4 x 200 FR Rel
Cameron Gibson	NSSAK	200 BK
Dean Kent	NSSAK	200 IM
		400 IM
Hannah McLean	NSSAK	100 BK
		4 x 200 FR Rel
Helen Norfolk	NSSAK	400 IM
		4 x 200 FR Rel
Corney Swanepoel	NSSAK	50 BF
		100 BF
Liz Van Welie	NEPOT	400 IM
		4 x 200 FR Rel

The team was smaller than desired with some very close "near misses" and substantial improvements on qualifying times were obvious if selected swimmers were to make finals in Barcelona.

Clive Rushton Director of Coaching



High Performance Pathways for Swimmers

Swimmers ranked in the World Top 5 prior to the competition overwhelmingly win international medals.

The goal of the Swimming New Zealand High Performance programme is to have swimmers perform at this medal-challenging standard prior to major competitions and to subsequently perform at, or above, that standard during the competition.

The 2003/04 Squad eligibility criteria will be based on a percentage of the fastest World 5^{th} place from the preceding four years (1999-02) in each Olympic event using the end of season rankings as published on <u>www.swimnews.com</u>. These standards will come into effect on day 1 of the 2003/04 NZ Age Group Championships.

Non-Olympic 'stroke' 50m and 'reverse' distance events use a higher standard except for the long-course Women's 1500m which has a direct correlation with a swimmer's ability to produce a World Class 800m performance. This correlation is not direct when moving up a distance (e.g. from 50m to 100m Butterfly). The short-course Women's 1500m uses the higher standard.

SNZ	SQUADS 2003				
		% World 5 th Rank		Age	
	Squad	Olympic events Non-Olympic events		Male	Female
1	World Class	102	100	-	-
2	National	104	102	-	-
3	Youth	105	104	19	17
		106	105	18	16
		107.5	106	17	15
4	Age Group	109	107.5	16	14
		112	109	15	13
		115	112	14/u	12/u

Qualification

Swimmers must qualify for the squad system at the annual NZ Championships. Performances at other competitions will not count towards Squad selection.

Long Course

Performances at the NZ Age Group or Open National Championships will be eligible only if they are achieved in the final (no B final, no semi-finals, no time-trials, no relay splits, no points, no conversions).

Short Course

The Winter Championships will serve as a qualifying, upgrade and evaluation opportunity for all Squads based on the World 5th ranked standard *short course*. The performance of swimmers who are already on Squads will be evaluated at this Winter competition and their Squad membership may be withdrawn as a result of below par performance. Carding will only be available from this competition in exceptional circumstances – the long course performance from the Open Championships will remain the principle focus.

Some Age Group swimmers may not be able to make finals at Winter Nationals, therefore each swimmers' *last* swim in an event will be considered, i.e. the time in a final will take precedence over a semi-final which will take precedence over a heat time, even though the earlier swim may be faster. Swimmers qualifying for a later swim and subsequently withdrawing will forfeit that event eligibility.



Relay qualification:

A maximum of six swimmers can be considered for squad membership for any one relay. e.g. 4×100 Free Relay - if the swimmer ranked 4^{th} is replaced by the swimmer ranked 5^{th} and the relay still qualifies, then both swimmers 4 and 5 will be eligible for Squad membership at the appropriate level. Similarly for the 6^{th} ranked swimmer.

For the medley relay a maximum of 2 swimmers can be accepted on any one stroke, i.e. the possible 5^{th} and 6^{th} cards will not both be awarded to same stroke swimmers – only one 'reserve' for any stroke.

A take-over allowance of 1.95 seconds will be made for each relay calculation, e.g. to qualify for the World Class level of the Women's 4 x 100 Medley Relay (4:10.05) the swimmers' individual times must total 4:12.00 or faster (4:10.05 + 1.95).

Documentation

Swimmers who achieve the Squad eligibility standard will be asked to submit:

- Annual training plan
- Annual competition plan
- Weekly training timetable
- Details of training conditions
- Support service availability and individual requirements
- Performance goals (global and partial performance)
- Subjective assessment by home coach:
 - Attendance
 - Application
 - Attitude
 - Performance history and potential

If these submissions are accepted the swimmer will be invited to join a Squad. If the submission is unacceptable the swimmer may be advised to move programmes before Squad membership is approved. This option will be especially applied where carding services are involved. Non-card eligible swimmers may be given a prescribed time period to upgrade their plans and facilities, if appropriate.

Expectations

Squad membership will commence following each year's Open Championships and last until the start of the following year's Open Championships subject to continued performance levels. Once accepted to a Squad, swimmers will be expected to regularly perform at a high level. All heats should be within 3% of best time, semi's 2%, and finals 1%. These expectations are irrespective of the swimmer's fatigue level – if swimmers cannot race at these levels when fatigued they are highly unlikely to hit high performance goal times when rested.

Upgrade opportunities (e.g. from Youth to National Squad) will be available only if the swimmer is competing in Winter Nationals or a designated international competition. Note that these are upgrade opportunities only – swimmers can qualify for the Squad system *only* at NZ National Championships.

Carding

Carding allows Sports Science support services to be provided free of charge by the Regional Academies.



New Certification Pathway for Swim Coaches

The purposes of an effective coach education and development system are seen as:

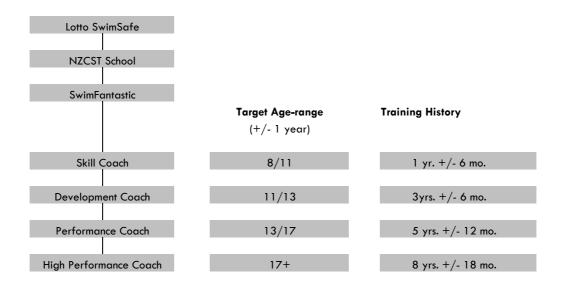
- Develop coaches who serve the needs of the community.
- Develop coaches who serve the needs of the sport.
- Provide documented evidence of progression along a coaching "knowledge pathway".
- Allow the sport governing body to 'control' the standard, development and number of coaches.
- Provide a source of income for the owners of the certification process.

The Performance requirement of consistent competitive success means the Participation requirement of an effective education and development system must allow young swimmers to grow into mature athletes capable of challenging for medals at the world level. This characteristic is noticeably lacking in the current generation of swimmers as evidenced by the post-puberty 'flat-line' effect of medal performances at National Championships.

This effect is likely caused by a combination of factors:

- 1. Post-puberty development being inhibited by "wrong" types of training pre-puberty.
- 2. Ineffective types of training post-puberty.

The product of coaching effectiveness is race performance. An effective coach education system must, therefore, change the performance by changing the coaching methodology at each of the swimmers' developmental stages – skill development, training development, performance development and elite or high performance. The revision in the Swimming New Zealand coach education programme therefore, allies each level with a specific developmental stage and takes the name of the specific stage:



The content at each level will equip a coach to effectively deal with a specific age-range and prepare swimmers for development to the next stage. A suitable analogy is the school system which recognises different methods and content necessary at primary, secondary, tertiary and post-graduate stages of education.

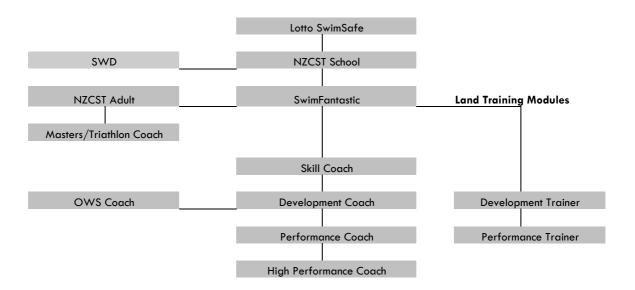


Land Training for Swimming

Development Trainer and Performance Trainer certification will be designed as stand-alone certificates available to anyone who has completed the three introductory certificates – Lotto SwimSafe, New Zealand Certificate in Swim Teaching (NZCST) (School) and SwimFantastic. Land training for swimming is seen as a vital contributor to our success yet is almost totally misunderstood by most swimming coaches and other conditioning specialists.

Additional Certification

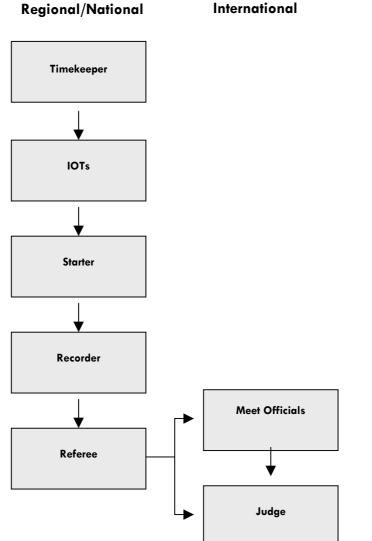
A module designed to allow coaches to understand the special requirements of coaching swimmers with a disability (SWD) is available after certification at the NZCST (School) level.





Pathway for Officials

This year saw the Technical Committee commence a review of the technical certification process for national and regional implementation. The proposal is for one certification process, providing an opportunity for technical official to illustrate their knowledge and competence of respective roles. Appointment of officials for national competitions will be reviewed in the forthcoming year in response to the implementation of the new certification system and will be based upon experience. One of the purposes of this review is to shorten the period required for technical officials to move through the certification process, and also to align the regional and national systems to reduce duplication and encourage more regional officials to aspire to national officiating and international opportunities.



Regional/National

New Zealand Squads 2002

New Zealand Squads – 1 July – 31 December 2002

		% Worl	% World 5 th Rank		Age	
	Squad	Olympic events	Non-Olympic events	Male	Female	
1	World Class	102	100	-	-	
2	National I	104	102	-	-	
	National II	105	104	-	-	
3	Youth	105	104	19	17	
		106	105	18	16	
		107.5	106	17	15	
4	Age Group	109	107.5	16	14	
		112	109	15	13	
		115	112	14/u	12/u	

WORLD CLASS

Dean Kent

NATIONAL I Moss Burmester Cameron Gibson Scott Talbot-Cameron Anthony Van Der Kraay

Keiren Daly

Mark Herring

Nick Sheeran

NATIONAL II Jon Winter Robert Voss

YOUTH 17 years Arjun Haszard Chris Hotchin Andrew McMillan Mathew Woofe

,	
Alison Fitch Melissa Ingram Toni Jeffs Hannah McLean Helen Norfolk Elizabeth Van Welie Shannon Clayton Rebecca Linton Sarah Jackson	(Relay) (Relay) (Relay)
Kate Brookes-Peterson Diane Bui-Duyet Megan Allan Nathalie Bernard Jane Copland	(Relay) (Relay) (Relay Alt)
Te Rina Taite Carissa Thompson	
16 years Rebecca Annan 15 years Anyla Dunlop-Barrett Jennifer Simmiss	
14 years Lauren Boyle Brooke Jackson Joyce Weigersma	

13 years Nicole Goldsmid Verity Hicks Emma Hotchin Kelly Newcombe Emma Thompson

12 years & Under

Kendall Cochrane Sally Green Emma Hunter Jordyn Mahanga Emily Thomas

(Relay)

(Relay)

(Relay Alt)

AGE GROUP

16 years Dylan McNeice Corney Swanepoel

15 years

Damian Braddock Mark Cooper Yutaro Kanai Ben Pickersgill-Brown Ben Pye Alan Thorpe

14 years & Under Elliot Box Brett Henehan Carl O'Donnell Jeremy O'Shannessy Glenn Snyders



New Zealand Squads 2003

New Zealand Squads – 1 January – 30 June 2003
Long course and short course converted to long course.

Dean Kent		Alison Fitch	
		Melissa Ingram Toni Jeffs Hannah McLean Helen Norfolk Elizabeth Van Welie Shannon Clayton Rebecca Linton Sarah Jackson	(Relay) (Relay) (Relay)
NATIONAL I			
Moss Burmester		Megan Allan	(Relay)
Cameron Gibson		Nathalie Bernard	(Relay)
Scott Talbot-Cameron			
Anthony Van Der Kraay			
Keiren Daly Mark Harring	(Relay)		
Mark Herring	(Relay)		
NATIONAL II			
Jon Winter		Te Rina Taite	
Robert Voss		Carissa Thompson	
YOUTH			
17 years		16 years	
Arjun Haszard		Rebecca Annan	
Chris Hotchin			
Andrew McMillan Mathew Woofe		15 years Anyla Dunlop-Barrett	
Mainew Woore		Jennifer Simmiss	
AGE GROUP			
16 years		14 years	
Dylan McNeice		Brooke Jackson	
Corney Swanepoel			
15		13 years	
15 years Damian Braddock		Nicole Goldsmid Verity Hicks	
Ben Pickersgill-Brown		Emma Hotchin	
Ben Pye		Kelly Newcombe	
- · / ·		Emma Thompson	
14 years & Under			
Elliot Box		12 years & Under	
Carl O'Donnell		Kendall Cochrane	
Jeremy O'Shannessy		Jordyn Mahanga	
Glenn Snyders			



Athlete and Coach Scholarships

OLYMPIC SOLIDARITY GRANTS

Swimming New Zealand Team	\$ 15,000
Elizabeth van Welie	\$ 50,000

PRIME MINISTER'S COACHES SCHOLARSHIP	•		
2002	•		
Igor Polianski	\$ 10,000	Jan Cameron	\$ 10,000
	\$ 10,000	Jul Cameron	\$ 10,000
2003			
Glen Findlay	\$ 9,500	Donna Bouzaid	\$ 10,000
Kim Swanwick	\$ 10,000		
PRIME MINISTER'S SWIMMERS SCHOLARSHI)C		
	` 3		
Moss Burmester		Alison Fitch	
Kieran Daly Cameron Gibson		Sarah Jackson Rebecca Linton	
Mark Herring		Hannah McLean	
Chris Hotchin		Helen Norfolk	
Dean Kent		Helen Norroik	
Nick Sheeran			
Scott Talbot-Cameron			
Anthony Van Der Kraay			
SPARC SWIMMER GRANTS			
Dean Kent	\$ 10,000	Helen Norfolk	\$ 5,000
		Elizabeth van Welie	\$ 5,000
SPARC COACH GRANTS			
Duncan Laing	\$ 2,000	Jan Cameron	\$ 6,000
CARDED ATHLETES			
Damian Braddock		Megan Allan	
Elliot Box		Rebecca Annan	
Moss Burmester		Nathalie Bernard	
Mark Cooper		Lauren Boyle	
Keiren Daly		Kate Brookes-Peterson	
Cameron Gibson		Diane Bui-Duyet	
Arjun Haszard		Shannon Clayton	
Brett Henehan		Kendall Cochrane	
Mark Herring		Jane Copland	
Chris Hotchin		Anyla Dunlop-Barrett	
Chris Hotchin Yutaro Kanai		Anyla Dunlop-Barrett Alison Fitch	
Yutaro Kanai		Alison Fitch	
Yutaro Kanai Dean Kent Andrew McMillan Dylan McNeice		Alison Fitch Nicole Goldsmid	
Yutaro Kanai Dean Kent Andrew McMillan Dylan McNeice Carl O'Donnell		Alison Fitch Nicole Goldsmid Sally Green	
Yutaro Kanai Dean Kent Andrew McMillan Dylan McNeice Carl O'Donnell Jeremy O'Shannessy		Alison Fitch Nicole Goldsmid Sally Green Verity Hicks Emma Hotchin Emma Hutter	
Yutaro Kanai Dean Kent Andrew McMillan Dylan McNeice Carl O'Donnell Jeremy O'Shannessy Ben Pickersgill-Brown		Alison Fitch Nicole Goldsmid Sally Green Verity Hicks Emma Hotchin Emma Hunter Melissa Ingram	
Yutaro Kanai Dean Kent Andrew McMillan Dylan McNeice Carl O'Donnell Jeremy O'Shannessy Ben Pickersgill-Brown Ben Pye		Alison Fitch Nicole Goldsmid Sally Green Verity Hicks Emma Hotchin Emma Hunter Melissa Ingram Sarah Jackson	
Yutaro Kanai Dean Kent Andrew McMillan Dylan McNeice Carl O'Donnell Jeremy O'Shannessy Ben Pickersgill-Brown		Alison Fitch Nicole Goldsmid Sally Green Verity Hicks Emma Hotchin Emma Hunter Melissa Ingram	



CARDED ATHLETES cont

Nick Sheeran Glenn Snyders Corney Swanepoel Anthony Van Der Kraay Robert Voss Jon Winter Mathew Woofe Rebecca Linton Jordyn Mahanga Hannah McLean Kelly Newcombe Helen Norfolk Te Rina Taite Emily Thomas Carissa Thompson Emma Thompson Jennifer Simmiss Elizabeth van Welie Joyce Weigersma





Baxter O'Neill Trophy – swimmer of year International Award – closest to world record Fitzsimmons Trophy – best performance I/c and s/c Pettit Trophy – top performance open champs Life Members Trophy – top performance NAGs Hansells Trophy – NAGs record by widest margin Hansells Medley Trophy - NAGs record by widest margin Brockett Awards for boys and girls 15/under

Darmstardt Trophy – mens 100 Free South Australian Trophy – womens 100 Free Roland St Clair Cup – mens 5km open water Aunty Brown Trophy – womens 5km open water

Stalag Shield – gold medals at NAGs - Male Stalag Shield – gold medals at NAGs - Female Yaldhurst Shield – gold medals at Opens Cain Trophy – club points Opens, Div II, NAGs Freyberg Shield – regional points Opens/NAGs Blundell Trophy – Div II/NAGs Laing Trophy – Winters/Opens/NAGs Elizabeth van Welie Dean Kent Dean Kent Dean Kent Corney Swanepoel Corney Swanepoel Not awarded Ben Pickersgill-Brown Kelly Newcombe

Cameron Gibson Alison Fitch Moss Burmester Kate Brookes-Peterson

Auckland Auckland Auckland North Shore Swimming Auckland Auckland North Shore Swimming



International Representatives

Swimmers represented New Zealand at a number of international meets during the year with success.

2002 COMMONWEALTH GAMES

Manchester, UK – 25 July – 5 August 2002 Coaches: Clive Rushton, Jan Cameron Manager: Mark Saunders Technical Officials: Chris Groothoff, Barry Kidd

 Moss Burmester (Otumaetai)

 Cameron Gibson (North Shore)

 Dean Kent (North Shore)

 Nick Sheeran (North Shore)

 Jon Winter (Sun Devils)

 Melissa Ingram (North Shore)

 Toni Jeffs (Capital)

 Hannah McLean (North Shore)

 Vivienne Rignall (Parnell)

 Elizabeth van Welie (Neptune)

 (2)





Elizabeth van Welie, Silver medalist 400IM



Toni Jeffs, Bronze medalist 50m Freestyle

PAN-PACIFIC CHAMPIONSHIPS

Yokohama, Japan – 24-29 August 2002 Coaches: Jan Cameron, Duncan Laing, Igor Polianski, Clive Power Manager: Shona Hutt Assistant Manager: Ali Todd

Moss Burmester (Otumaetai) Kieran Daly (North Shore) Cameron Gibson (North Shore) Mark Herring (West Auckland) Dean Kent (North Shore) Nick Sheeran (North Shore) Anthony van der Kraay (North Shore) Scott Talbot-Cameron (North Shore)

Megan Allan (Aquagym) Nathalie Bernard (North Shore) Jane Copland (Erehwon) Alison Fitch (North Shore) Melissa Ingram (North Shore) Sarah Jackson (QE II) Toni Jeffs (Capital) Rebecca Linton (Howick Pakuranga) Hannah McLean (North Shore) Jeanie Milne (Wharenui) Helen Norfolk (Aquagym) Karen Tait (Neptune) Elizabeth van Welie (Neptune) Carissa Thompson (Parnell)



Sydney, Australia - 9-12 January 2003

2 golds, 2 bronze			
Coaches: Donna Bouzaid, Igor Polianski, Ho	rst Miehe		
Manager: Sue Southgate			
Masseusse: Jacquie Kerins			
Richard Adamson (Spirit of Southland)		Lauren Boyle (West Auckland)	
Nick Anderson (North Shore)		Shannon Clayton (Icebreaker)	
Damian Braddock (Capital)		Ayla Dunlop-Barrett (Bell Block)	
Shaun Gard'ner (Capital)		Verity Hicks (Howick Pakuranga)	
Arjun Haszard (Wharenui)		Emma Hotchin (North Shore)	
Mark Herring (West Auckland)	(3)	Melissa Ingram (North Shore)	(1,3)
Chris Hotchin (North Shore)		Stephanie Laughton (Spirit of Southland)	
Michael Jack (North Shore)		Rebecca Linton (Howick Pakuranga)	(NZAGR)
Andrew McMillan (Cromwell)		Rebecca Nesbit (Onehunga)	
Ben Pickersgill-Brown (Aquagym)		Kelly Newcombe (West Auckland)	(NZAGR)
Glenn Snyders (North Shore)	(NZAGR)	Tracey Sheehan (West Auckland)	
Corney Swanepoel (North Shore)	(1)	Carissa Thompson (North Shore)	
Alan Thorpe (Enterprise)		Georgina Toomey (Jasi)	
Lewis Williams (Roskill)		Julia Toomey (Jasi)	
Mathew Woofe (Kiwi West)			
AUSTRALIAN AGE GROUPS		Brisbane, Australia - 26-30 April 2003	
6 golds, 8 silver, 5 bronze			
Coaches: Gary Martin, Clive Power			
Manager: Warwick Peterson			
Matthew Gibson (ACE)	(2,2,3)	Sophie Clarke (Aquahawkes)	
Jeremy O'Shannessy (Otumoetai)		Kendall Cochrane (Greerton)	(2, 3)
Ben Pickersgill-Brown (Aquagym)	(1,2, NZAGR)	Nicole Goldsmid (Ice Breakers)	(2,2,3)
Karl Poole (Rovers)		Sally Green (TSW-Dolphins)	(2,2,3, NZAGR)
Jared Sandri (Spirit of Southland)	(3)	Verity Hicks (Howick Pakuranga)	(1,1, NZAGR)
Matthew Strichen (Wanganui)	(1)	Jordyn Mahanga (Capital)	(1,1, NZAGR)
		Penelope Marshall (Greerton)	
		Emily Thomas (Enterprise)	
AUSTRALIAN TRI-SERIES		Australia – 13-21 July 2002	
Coaches: Glen Findlay, Donna Bouzaid			
Manager: Lyn Sutherland			
Technical Official: Esther Price			
Richard Adamson (Spirit of Southland)		Emma Blake (Parnell)	

Nick Anderson (North Shore) Elliot Box (Aquagym) Damian Braddock (Capital) Sam Butler (Comet) Arjun Haszard (Wharenui) Dylan McNeice (Aquagym) Bryn Murphy (Southland) Ben Pickersgill-Brown (Aquagym) Mathew Woofe (Kiwi West)

AUSTRALIAN YOUTH OLYMPIC FESTIVAL

Emma Blake (Parnell) Lauren Boyle (West Auckland) Ayla Dunlop-Barrett (Bell Block) Verity Hicks (Howick Pakuranga) Brooke Jackson (North Shore) Stephanie Laughton (Spirit of Southland) Kelly Newcombe (West Auckland) Tracey Sheehan (West Auckland) Georgina Toomey (Jasi) Alesha Wojtas (Wharenui)



50BK

50FR

100BK

200BR

30.43

26.30

1.02.06

2.31.73

8.43.75

17.42.74

2.00.29

17.45.58

17.55.41 17.57.21

25.89

29.41 4.14.59

1.02.55

18.15.64

International Rankings

World Top-100 Open Rankings 1 January - 31 December 2002

Long Course

Rank		MEN		Rank		WOMEN	
16	Dean Kent	400IM	4.19.84	9	Elizabeth Van Welie	400IM	4.44.56
26	Jon Winter	50FLY	24.44	15	Toni Jeffs	50FR	25.43
28	Dean Kent	200IM	2.02.72	20	Hannah McLean	100BK	1.02.27
37	Moss Burmester	200FLY	1.59.94	25	Hannah McLean	50BK	29.46
44	Cameron Gibson	200BK	2.01.92	32	Elizabeth Van Welie	200IM	2.17.04
58	Scott Talbot-Cameron	200BK	2.02.57	36	Melissa Ingram	200BK	2.14.34
58	Cameron Gibson	100BK	56.55	37	Elizabeth Van Welie	200FLY	2.13.02
59	Cameron Gibson	50BK	26.61	37	Hannah McLean	200BK	2.14.39
75	Nick Sheeran	50FLY	24.87	41	Alison Fitch	100FR	55.99
84	Nick Sheeran	100FLY	54.81	43	Helen Norfolk	400IM	4.51.07
84	Dean Kent	200BK	2.03.45	46	Alison Fitch	200FR	2.01.35
93	Anthony Van Der Kraay	200BK	2.03.82	47	Melissa Ingram	100BK	1.03.22
99	Moss Burmester	100FLY	54.96	50	Helen Norfolk	200IM	2.18.43
				54	Vivienne Rignall	50 FR	25.97
				73	Hannah McLean	50FLY	28.12
				79	Helen Norfolk	200FR	2.02.20
				81	Helen Norfolk	200BK	2.17.49
				81	Megan Allan	50FLY	28.16
				85	Helen Norfolk	400FR	4.18.33
				94	Karen Tait	400FR	4.19.05

96

98

Monique Robins

Melissa Ingram

Jane Copeland

Alison Fitch

Sh	nort Course						
Rank		MEN		Rank	١	VOMEN	
9	Dean Kent	400IM	4.09.24	21	Helen Norfolk	400IM	4.41.63
17	Dean Kent	200IM	1.58.22	25	Melissa Ingram	200BK	2.09.70
29	Steven Fergusson	1 OOBR	1.00.26	30	Elizabeth van Welie	200FLY	2.10.97
46	Steven Fergusson	200BR	2.11.91	34	Hannah McLean	200BK	2.10.63
49	Dean Kent	200FLY	1.58.51	40	Kate Brookes-Peterson	1500FR	17.08.82
52	Dean Kent	100IM	56.27	41	Alison Fitch	100FR	55.19
55	Steven Fergusson	50BR	28.22	42	Alison Fitch	200FR	1.59.28
68	Nicholas Sheeran	100FLY	53.94	44	Helen Norfolk	200IM	2.15.27
75	Matt Martin	800FR	8.09.44	45	Hannah McLean	100BK	1.01.18
75	Anthony Van Der Kraay	400IM	4.20.71	52	Rebecca Nisbett	1500FR	17.18.16
82	Nicholas Sheeran	200FLY	2.00.34	56	Aleisha Keating	1500FR	17.22.83
83	Glen Anderson	400FR	3.51.91	56	Helen Norfolk	200BK	2.12.14
87	Moss Burmester	800FR	8.12.14	65	Rebecca Annan	1500FR	17.31.36
93	Anthony Van Der Kraay	200BK	1.59.81	69	Elizabeth van Welie	100IM	1.04.43
93	Dean Kent	200BR	2.14.97	69	Elizabeth van Welie	400IM	4.48.94
95	Moss Burmester	200FLY	2.00.95	70	Jamie Gard'ner	1500FR	17.36.99
				70	Hannah McLean	50BK	29.02

72

74

76

76

77

78

85

86 90

96

97 98

100

Melissa Ingram	800FR
Kylie Foot	1500FR
Helen Norfolk	200FR
Hanne Crouch	1500FR
Tiffany Hesp	1500FR
Johanna O'Connor	1500FR
Alison Fitch	50FR
Elizabeth Coster	50BK
Melissa Ingram	400FR
Elizabeth Coster	100BK
Georgie Crouch	1500FR



International Officials

Technical Officials appointed to the FINA Committees and International Officiating lists include.

FINA Bureau Member

FINA Sports Medicine Committee

William Matson Professor David Gerrard

List	REFEREES	List	STARTER
List 10	Barry Kidd	List 10	Kerry Downie
List 10	Ross Bragg	List 11	Michael Strong
List 10	John West	List 12	Kerry Downie
List 11	Chris Groothoff	List 12	Graham Seagull
List 11	Graham Price		
List 12	Jo Davidson		
List 12	Ross Bragg		
Master 5	Ross Bragg		
Master 5	John West		
OWS 4	Jim Cole		
OWS 4	Lesley McKenzie		
OWS 4	John West		
OWS 5	Wayne Johnstone		

List 10 – Effective from 1 January 1999 – 31 December 2002 List 11 – Effective from 1 January 2001 – 31 December 2004 List 12 – Effective from 1 January 2003 – 31 December 2006 Master 5 – Effective from 1 July 2001 – 31 December 2004 OWS 4 – Effective from 1 January 2001 – 31 December 2004 OWS 5 – Effective from 1 January 2003 – 31 December 2006



Statement of Financial Performance

			Markhams	Wanganui Ltd
		<u>2001</u>	<u>2002</u>	<u>2003</u>
Income		\$	\$	\$
Affiliations		241410	241080	240888
Grants	- Sports Foundation	247903	303172	-
	- SPARC	-	-	456777
	- Hillary Commission	101000	101056	-
	- NZ Lotteries Grant Board	-	-	160000
	- Water Safety NZ	192655	214000	50000
	- NZ Olympic Committee	-	-	11935
	- NZ Community Trust	-	-	36003
Sponsorship	- NZ Lotteries Commission	90000	90000	100000
	- Speedo	-	18000	18000
	- Other	23963	16469	24538
Programme Fee	'S	254043	214495	217502
National Events		61040	74486	67855
User Pays	- International Events	95761	117109	123266
	- Sport Development	2806	6507	-
Interest Receive	d	14063	19022	20413
Sundry Income		8558	55958	-
		\$1333202	\$1471354	\$1527177
Expenditure				
Governance		30678	35965	59712
Administration		301286	320384	291129
Salaries		402018	478256	457029
Programme Cos	its	110205	126231	129653
National Events		32338	50414	54359
International Eve	ents	197037	265147	302104
Sport Developm	ient	83026	27078	16147
Grants		20730	44500	57500
Technical		18197	8398	3649
Accountancy		21000	23546	22360
Audit		5500	5548	6758
Legal		16755	14212	24738
Depreciation		35110	9209	7486
		1273883	1408888	1432624
Surplus/(Deficit) for Y	ear	\$ 59319	\$ 62466	\$ 94553

Swimming New Zealand Inc financial report for the year ended 30 June 2003

This statement should be read in conjunction with the attached Notes to the Financial Report and Auditors Report.



Statement of Financial Performance

		Markham	S mr Wanganui Ltd
	<u>2001</u> \$	<u>2002</u> \$	<u>2003</u> \$
Current Assets			
Bank of New Zealand	372437	521093	388382
Accounts Receivable	126326	158096	312123
Stock on Hand	<u>44701</u>	<u>35636</u>	<u>37937</u>
Current Liabilities			
Accounts Payable	246719	346997	281694
Working Capital	296745	367828	456748
Non Current Assets			
Fixed Assets (Note 4)	<u>26189</u>	<u>17572</u>	<u>23205</u>
NET ASSETS	<u>\$ 322934</u>	<u>\$ 385400</u>	<u>\$ 479953</u>
This is Represented by:			
Equity			
Opening Equity at 1 July 2002	263615	322934	385400
Net Surplus/(Deficit) for Year	59319	62466	94553
Closing Equity at 30 June 2003	\$ 322934	\$ 385400	\$ 479953
	<u>+</u>	<u>+</u>	<u> </u>

Swimming New Zealand Inc financial report for the year ended 30 June 2003

Executive Director

This statement should be read in conjunction with the attached Notes to the Financial Report and Auditors Report.



Notes to the Financial Statements

1. STATEMENT OF ACCOUNTING POLICIES

Reporting Entity

Swimming New Zealand is an incorporated society and prepares general purpose financial statements in accordance with generally accepted accounting practice. The entity is not a large entity, and is not publicly accountable therefore qualifies for differential reporting, and as such has taken advantage of all differential reporting exemptions.

Measurement Base

The accounting principles recognised as appropriate for the measurement and reporting of earnings and financial position on a historical cost basis are followed, except for the revaluation of certain assets.

Specific Accounting Policies

The following specific accounting policies which materially affect the measurement of financial performance and financial position have been applied:

- Accounts Receivable are recorded at net realisable value.
- Stock on hand is stated at the lower of cost, determined on a first-in first-out basis, and net realisable value.
- All fixed assets are stated at cost less aggregate depreciation. Depreciation has been calculated using the maximum rates permitted by the Inland Revenue Department.
- Operating lease payments, where the lessors effectively retain substantially all the risks and benefits of ownership of the leased items, are included in the determination of the operating profit in equal instalments over the lease term.
- Transactions in foreign currencies are converted at the New Zealand rate of exchange ruling at the date of receipt or payment for the transaction. At balance date foreign monetary assets and liabilities are translated at the closing rate and variations arising from these translations are included in the Statement of Financial Performance.
- As Swimming New Zealand Inc is an amateur sporting association they are exempt form income tax under section CB4(1)(h) of the Income Tax Act.
- It has therefore not been necessary to provide for Income Tax in the Financial Statements.
- The financial statements have been prepared on a GST exclusive basis.

Changes In Accounting Policies

There have been no changes in accounting policies. All policies have been applied on bases consistent with those used in previous years.

2. TRANSACTIONS WITH RELATED PARTIES

A total sum of 22,360 was paid to Markhams MRI Wanganui Limited, Chartered Accountants as accounting fees where Mr W J Dewe is a Director.

3. LEASE AND CAPITAL COMMITMENTS 2002 2003 Operating Lease Commitments \$ Lease Commitments Under Non Cancellable \$ Operating Leases: \$ Current \$ Non Current \$



3. LEASE AND CAPITAL COMMITMENTS Cont.

	<u>2002</u> \$	<u>2003</u> \$
Capital Commitments		
Capital Commitments contracted into prior to Balance date:		
Phone System		\$9500

4. FIXED ASSETS

	<u>Cost</u>	<u>Book</u> <u>Value</u> 1.7.02	<u>Addn's</u> <u>& Sales</u>	<u>Depn</u>	<u>Accum</u> Depn	<u>Book</u> <u>Value</u> 30.6.03
Office Equipment Fixtures & Fittings	61916 <u>18498</u>	14351 3221	13341 (222)	6989 497	54554 13334	20703 2502
-	80414	17572	13119	7486	67888	23205

5. **CONTINGENT LIABILITIES** As at 30 June 2003 there were no Contingent Liabilities.



Audit Report to the Members of Swimming New Zealand Inc.

We have audited the financial report on pages 32 to 35. The financial report provides information about the past financial performance of the society and its financial position as at 30 June 2003. The information is stated in accordance with the policies set out on pages 34 to 35.

Management's Responsibilities

Management is responsible for the preparation of the financial report which fairly reflects the financial position of New Zealand Swimming Inc., at 30 June 2003 and the result of its operations for the year ended on that date.

Auditors Responsibility

It is our responsibility to express an independent opinion on the financial report presented by the management and report our opinion to you.

Basis Of Opinion

An audit includes examining on a test basis evidence relevant to the amounts and disclosure of the financial report. It also includes assessing:-

- the significant estimates and judgements made by the management in the preparation of the financial report, and
- whether the accounting policies are appropriate to Swimming New Zealand Inc., circumstances, consistently applied and adequately disclosed.

We conducted our audit in accordance with New Zealand Codified Auditing Standards and Audit Guidance Statements. We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial report is free from material misstatements, whether caused by fraud or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial report. Other than as auditors, we have no relationship with or interest in Swimming New Zealand Inc.

Unqualified Opinion

We have obtained all the information and explanations we have required. In our opinion:

- Proper accountancy records have been kept by the management so far as appears from our examination of those records: and the financial report on pages 32 to 35
 - complies with generally accepted accounting practices;
 - and gives a true and fair view of the financial position of
- Swimming New Zealand Inc., as at 30 June 2003 and the results of its operations for the year ended on that date.

Our audit report was completed on the 18th August 2003 and our unqualified opinion is expressed as at that date.

barey Amith & to

Auditors:

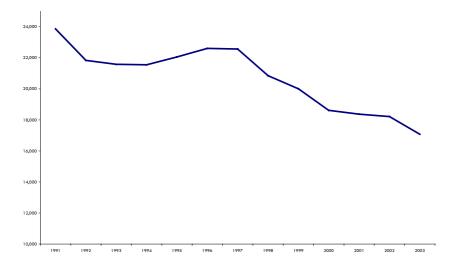
CAREY SMITH & CO Chartered Accountants WANGANUI

Membership 2003

2001	2002		2003	Comp	Club	Official	Annua
							Fees \$
720	700	Northland	780	246	406	128	10,260
1959	2226	Auckland	2173	1307	474	392	34,970
987	813	Counties/Manukau	1094	522	359	221	16,160
2710	2760	Waikato	1701	654	735	312	23,690
1522	1493	Bay of Plenty	1597	644	612	341	21,890
739	740	Hawkes Bay/Poverty Bay	701	528	65	108	12,290
1070	1021	Taranaki	695	183	370	142	8,890
380	416	Wanganui	419	246	91	82	6,650
932	942	Manawatu	944	248	544	152	11,900
253	180	Wairarapa	204	115	52	37	3,190
1674	1592	Wellington	1709	769	645	295	24,780
647	563	Nelson	613	216	300	97	8,290
1281	1321	Canterbury/Westland	1255	531	485	239	17,860
888	666	Eastern Districts	592	245	255	92	8,370
1334	1214	Otago	1356	283	913	160	16,390
1225	1468	Southland	1117	287	623	207	14,040
47	103	SCAT NZ	127			127	1,270
18,368	18,218		17,077	7,024	6,929	3,124	240,890

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12 Months to 30 June 2003
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Affiliated Membership 1991 - 2003





Swimming New Zealand gratefully acknowledges the support from the following partners:



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